

SEMINAR: Palpation - 20 Hours

Since 2018, this has been the joint education curriculum of IFMANT, SANTH, IGNH, ÖNR, and BNR, among others.

No	Topic	Theory	Practical
PALPATION AND GENERAL PATIENT ASSESSMENT SEMINAR			
<i>Participants who have completed basic Manual Therapy training as required by the MTD curriculum are exempt from this course. Physiological foundations / segment reflexes, palpation techniques, and manual examination with a focus on assessing the musculoskeletal system. Understanding and assessing segmental dysfunction. The site and importance of trigger point PIR. Practical applications: wheal (Quaddel) / scar / trigger points.</i>			
1	Assessment of regional scarring or bodily anomalies through inspection, as well as the patient's psychological state	2	2
2	Manual approach to the diagnosis and treatment of functional movement restrictions and reversible functional disorders in joints	2	2
3	Examination of the skin, subcutaneous tissue, muscles, tendons, and ligaments through superficial palpation, the Kibler skin-fold rolling test, and deep palpation	2	2
4	Definition and importance of thoracic blockage	1	1
5	Assessment of the function of the axial organ (spine) and joints	2	2
6	Review of differential diagnosis, conventional medicine, the holistic approach, and the Neural Therapy algorithm	1	1
7	Assessment and questions		
Total seminar duration		10	10